



Managing Wellbeing™

Flexible solutions to activate sustainable wellbeing in healthcare individuals, teams, and leaders.

Wellbeing matters.
Your people matter.
Improve patient care, from the inside, out.

Wellbeing is the #1 issue plaguing healthcare organizations today. Your people and patients deserve intentional commitment towards sustainable wellbeing within care center walls.

Wellbeing is high-impact, practical, and research continues to prove the direct connection between the wellbeing of individuals and the performance of organizations. When you commit to the right solutions and training, you drive **impact across your organization that sticks.**

When employees say their company cares about their wellbeing, you earn:

69%

BETTER RETENTION

3x

HIGHER ENGAGEMENT

5x

HIGHER ADVOCACY & TRUST

Marquis Leadership Managing Wellbeing operationalizes wellbeing with resources and solutions grounded in research, based on The Surgeon General's Framework for Workplace Mental Health & Well-Being.

According to Gallup

Your people are the key to your organization. They matter and well-being matters. Invest in their future and your organization and commit to empowering wellbeing with flexible, practical, and sustainable resources, training, and support.

Empower high-level healthcare, with Marquis Leadership.

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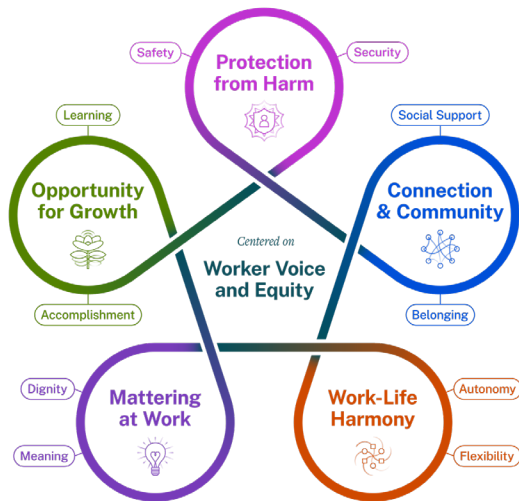


All curriculum is based on The Surgeon General’s Five Essentials for Workplace Mental Health & Well-being.

Each essential is anchored in two human needs.

Make a powerful investment in your people. Elevate wellbeing as a priority and integrate it into daily interactions so wellbeing becomes a part of your culture, driving positive impact – from the inside, out.

The Surgeon General’s Framework for Workplace Mental Health & Well-Being



- Protect from Harm**
Physical and psychological safety
- Connection & Community**
Building positive social interactions & relationships in the workplace
- Work-Life Harmony**
Harmonizing professional and personal roles to create balance
- Mattering at Work**
Understanding importance and how what we do matters
- Opportunity for Growth**
Opportunities for growth create optimism towards contributions

Here’s How It Works:

Our Managing Wellbeing solutions are highly flexible, scalable, and allow you to address the needs of individuals and the organization as whole. We partner with you to design the right-fit curriculum for your organization and ensure you’re set up for success from the start. We’ve all experienced the one day wellbeing workshops that elevate the day they are delivered – but when workers return to the everyday grind, wellbeing is left behind. Our solutions are designed to stick with your leaders and immediately integrate into everyday life, so transformation begins instantly and lasts. Increase awareness of your managers role in wellbeing and grow confidence and competence in supporting wellbeing.

- Highly engaging microlearning, workshops, coaching & more
- Built in metrics for tracking and to highlight real ROI
- Cost effective programs tailored to best fit your team
- Sustainable, easy to implement transformation that sticks